



Camera-crazy Pastor balances school, activities and prepares for the future

By Shannon Moran
Staff Writer

When you think of High Point University what images come to mind? Fountains? Dr. Nido Qubein? The international promenade? All of these things have been photographed, thanks to one woman—Megan Pastor. When it comes to High Point University, Megan and her camera are synonymous. Even Zeta Tau Alpha and Lambda Chi Alpha picked up on this and used a look-alike Megan in their lip sync portion of Greek Week this year, which was a tribute to HPU's new and improved campus. However, many do not know the real Megan behind the camera.

Megan Pastor is from Milford, Del., a small town "where we have four chickens for every person and tax-free shopping," Megan jokes. In high school she took her SGA by storm, serving as class president her sophomore year and executive council president her senior year. When asked how long she had been involved with photography, she stated, "I really don't remember not having a camera in my hand! I love pictures! Too many moments only happen once and I love the memories that pictures offer!" On a field trip she took to Washington, D.C., she went through eight rolls of film in a span of three days.

So why did Megan decide to become a High Point Panther along with her Panther brothers and sisters in the fall of 2003? She says, "I originally wanted to go to Elon, but High Point had a better

athletic training program, and I came in as an athletic training major.

"I was also drawn to the close-

knit, happy atmosphere of campus. It also is a seven-hour drive from home, so as long as I did not have to fly, I was happy."



PHOTO BY PAM HAYNES

MEGAN PASTOR

Megan is now a sports management major with a minor in business, and like most seniors at this time of year, she is excited to

finally be a senior, especially now that her senior seminar course is in the bag. It seems as though whenever you see Megan, she has her camera in tow; however, she is involved with many things on campus aside from taking pictures. She is part of the Student Government, where she holds the position of vice president of executive council. She is also on the Cultural Enrichment Committee, is a Judicial Board Justice, University Ambassador, part of the "Be the 6th Man" group, and of course, the Yearbook editor and photographer.

So what's next for Megan after she graduates from HPU? "I'd like to live in North Carolina and work with advertising and/or marketing, something fun and creative with cool people. I want to be excited when I go to work in the morning." What advice does the senior Pastor have

for students? "Enjoy your time here. Get involved in a positive organization and most importantly have fun! Senior year kind of creeps up on you. I will be an HPU

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Chapel overflows to hear Forbes speak

Precedent set at the university as classes were canceled for the day

By Pam Haynes
Opinion Editor

Every white pew in the Hayworth Chapel was filled during the annual Martin Luther King Jr. service held on Jan. 15 at 11 a.m., along with every foldable chair placed on the sides of the aisles and at the back of the chapel for extra seating. There were even participants listening from the basement below, where a reception was held after the service. But every classroom on campus was empty.

For the first time, all classes were canceled for this holiday, a decision made by



PHOTO BY PAM HAYNES

the President said, "In this day, we are all brothers and sisters."

This year's guest speaker, Reverend James Forbes, senior minister at the Riverside Church in New York, also commented on the canceling of classes.

he said.

The Rev. Forbes' message pointed out that Dr. King was more than just a civil rights activist, or a pastor or a dreamer. "He was a man who experienced the reality of God," he said. Because of this, Rev.

Forbes compared Dr. King to the biblical prophet, Elisha. "When God said, 'This is what you should say,' MLK said it," he explained.

After instructing the audience to turn to II Kings 6, Forbes told his listeners what it would take to make the prophet's dream come true. "It's going to take a double portion of the Holy Spirit to rise up this nation and fulfill the dream of Martin Luther King," he belted out to the audience. "Anybody want a double portion?" he asked the crowd.

The scripture he chose contains stories of the prophet Elisha. He compared

"It is not a time in which we close down our learning. That is not the meaning of closing down classes. It is a time to focus our learning to liberty and to justice for all,"

See Forbes, page 7

On the Run: What's New

HPU Announces Alumni and Family Winter Weekend

High Point University will host a fun-filled Alumni and Family Winter Weekend on Feb. 16-18. The three-day event promises fellowship, food and entertainment for all who participate.

The schedule of events for the weekend will provide something for everyone, including:

- A candlelight dinner in Slane Center Cafe, followed by two performances by Tonic Sol-Fa, nationally-known a cappella men's group, in the Hayworth Fine Arts Center on Friday evening, Feb. 16.

- Pre-game tailgate party, to be held from 11 a.m. to 3 p.m. Saturday, Feb. 17 at the Millis Center.

- Panther basketball heats up the courts with the men's team hosting Charleston Southern at noon and the lady Panthers challenging Birmingham Southern at 7 p.m. on Saturday, Feb. 17 in their second meeting this season.

- A worship service in the Hayworth Chapel at 10 a.m. on Sunday, Feb. 18 with a brunch immediately following in Slane Center Cafe.

Alumni and family will also have an opportunity to visit classes, take campus tours and much more. The deadline to register is Feb. 12. All events are free for HPU alumni and parents. The event is not open to the public. For more information or to make reservations, alumni and family may contact Lindsey Morgan at 336-841-4531 or via email at lmorgan@highpoint.edu.

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In American pop culture and education, are low standards engendering mediocrity?

By: Amanda Roberts
Editor In Chief

The consumer culture of America affects everything: from the clothes we wear to the cars we drive, from the shows we watch to the restaurants at which we eat. Most of America falls into the category of 'lemming.'

In the past we could count on bastions of liberalism to work on undermining the system, but it seems that the system itself is becoming undermined. The places where once we could go to truly learn have transformed into monstrosities catering to individuals. Not that catering is negative, per se, but when it turns into spoon-feeding the student, we have all lost something precious and dear.

Universities have turned into places of entertainment and training, not of transformations. We see it occurring around the nation, and the universities are not entirely to blame. The practice begins early, in primary school. Teachers are afraid to challenge their students when those challenges are what the students need. What drives students to do well when they know they can do an average (or worse) job and still proceed to the next level? Teachers pass underachieving students so they become another's problem, but the

disservice is to the students. What they are learning is that they can perform dismally and perhaps act out, but they can proceed to sixth, seventh and eighth grade with their friends.

Recently Oprah went to South Africa, where she is funding the building of a state-of-the-art facility for female students. The furor in the states has been focused on why she is not building a school in, say, downtown Chicago where the children are underprivileged. Her answer lies in that the students in South Africa want to learn; the American students are primarily concerned with getting an iPod, the latest fashions and what happened on "The OC" on Thursday night.

The priorities of the American public are drastically skewed. They do not desire an education because it has little value to many of them. Whom do we idolize in our culture? Our favorite sports, film, television and music stars may have dropped out of high school or college, been involved in illegal activities or portray ideals that lack any vision but that of the bottom line.

We are told as children to dream big and it will happen – that's the American way. What we are not told are the poverty rates, the statistics of those who do not complete a high school, much less college

education. These are reported often in the newspapers and magazines, but that assumes that the students take the initiative to actually read these materials.

Many people do go to college, where they continue what they started in elementary, middle and high school – to perform not to the best of their ability, but to get by. To get by the sensors of professors who want to challenge but have learned through experience that they may be lucky to see a handful of students who relish a challenge. The standards for some universities have become very low; in the UNC system, only the Chapel Hill school has a consistent graduation rate. A nearby school has lowered its SAT standards over the years to where they accept students who score in the 800s (prior to the 2005/2006 changes in the test). Is it any wonder when a large number of students at the school are placed on academic probation? And is there any reason why it shouldn't have happened sooner?

A university is a business that needs to be managed efficiently and successfully, and the truth is that we have to have students coming in at higher rates in order to keep the school running. But, in the race for the bottom line, why has academia stopped expecting high achievers? Why should mediocrity be celebrated?

Writer challenges university's decision to cancel classes on King Day

By Jake Lawrence
Special to the Chron

To the editor:

On Jan. 15, High Point University students were given the day to take a break from their studies in observance of Martin Luther King Jr., unquestionably one of America's greatest leaders. Like most students, if not all, I enjoyed the break. However, there is absolutely no way imaginable, as a student, I can condone the decision by the University to give us the day off.

This is not an issue of race, nor an indictment of King, a man whose accomplishments are unmatched in his field. A man who arguably did more for civil rights than anyone else in American history. He defied odds and shattered 200-year-old barriers. He looked at obstacles as opportunity, and opportunity as progress, and progress, as we all know, was part of his dream. Yet, I cannot fathom what makes him *more* important than the other great men in American history.

In February, this nation celebrates a day that honors 43 men who have led this country since its inception. It is a holiday that is designed to bring attention to the chosen few who have led America through the American Revolution, two World Wars, a Civil War, the Depression and the Cold War. The day honors men who had the will to help Martin Luther King Jr., make his dreams a reality. But we won't be celebrating President's Day.

There is a day in November set aside to observe the millions of Americans who have served, been wounded, and have been killed over the years. Americans who bled on the fields of Massachusetts, fell on the beaches of Normandy, fought relatives at Gettysburg, expired in the jungles of Vietnam and most recently endured catastrophe in Iraq. This day observes members of the Armed Forces. However, last November, we did not celebrate Veteran's Day.



LIFE.COM MARTIN LUTHER KING, JR.

One could also mention Columbus Day and Labor Day. One is a holiday which remembers the man who connected the old world, with this new world that was full of possibilities, hopes, and dreams. The other is a day dedicated to the achievements of American workers, who have contributed time, effort, sweat and blood while successfully building this country into one of most stable societies on earth. The American worker has served just as an important role as any veteran, president, explorer or civil rights leader. Both holidays passed unnoticed.

To pick one of these days over any other is irresponsible. Martin Luther King wanted equality, yet we have not granted that wish. We have made his day more important than any other holiday on the calendar, with the exception of Christmas and Thanksgiving. On a campus where we prominently display numerous American flags, we do not truly, or fairly, honor everyone who has served under those 50 stars and 13 stripes. We have raised one man above the rest. He is not greater than nor inferior to any of these great men and women. He is equal, and his day of remembrance should be treated thusly. Give us every Federal Holiday off or none at all.

On the Run, continued from page 1

State of High Point University Address

After just 24 months as High Point University's seventh president, Nido Qubein stood before a packed house of community leaders Jan. 24 to highlight his team's accomplishments toward the institution's aggressive \$100 million transformation. He detailed the university's physical expansion, discussed progress in enrollment and admissions, reinforced the university's dedication to High Point, and announced the institution's economic impact on the region and the state.

During the meeting, Dr. Qubein discussed the following:

Campus Expansion

To date, seven new buildings have been completed or are under construction. In addition, construction will begin within months on three new academic buildings and one new residence hall – all to be open in 2008. The total acreage of the university has increased to 130 acres, to facilitate and stimulate the growth of the university.

Admissions and Enrollment

The number of prospective students continues to increase – inquiries and visits are up, as are application and deposits. Freshmen retention has been steady.

Community Impact

A recent study compiled by an HPU economics professor has revealed that High Point University's total economic impact on the region will increase this year by more than 40 percent over last year, from \$154 million to \$218 million.

All incoming freshmen – 600+ in the current freshman class – are required to commit 20-30 hours to community volunteerism during their freshman year. Two new scholarships – the Bob Brown United Way Scholarship and the Tom Keller Scholarships – are offered to deserving students from the local community.

—Compiled by Amanda Roberts

Student says patriotism should increase, not decrease as Bush makes the decision to deploy more troops in Iraq in order to bring about victory

By Jessalin Graham
Staff Writer

Freedom of religion, freedom of speech, freedom of the press, freedom to bear arms, freedom from housing soldiers in our homes, freedom from unwarranted search and seizure, freedom to vote, and freedom from a tyrannical government are just a few of the many rights we enjoy as Americans every single day. President George W. Bush greatly values freedom, and he is doing everything in his power to protect this country.

On Jan. 11, Bush announced that he plans to send a surge of 21,500 troops to Iraq in order to win the war. He also plans to lengthen the tour of duty in Iraq for soldiers already stationed there. Bush's new strategy is that the Iraqi government will take responsibility for the security of the 18 provinces versus the three they currently have security over by November 2007. "We can be smarter about how we deploy our manpower and resources. We can ask more of our Iraqi partners, and we will," Bush said. "I believe that we're going to win. I believe that. And by the way, if I didn't think that, I wouldn't have our troops there."

With such a large amount of freedom, Americans should be bursting with patriotism and standing by a great leader who is working continuously to keep these freedoms we have enjoyed since the creation of our nation. Sadly, this is not the case for a large number of Americans, who are opposed to the war in Iraq. Even more surprising is the fact that Democrats are calling for troops to be pulled out of Iraq. What they seem to be forgetting

is that the job is not quite finished. If

treat the foreign nations they attack? I am proud of a government that stands up for what is right and protects the liberties this country is based upon. According to a quote from CNN by President Bush, he understands what will happen if we leave Iraq too soon—"Retreat would embolden radicals. It would hurt the credibility of the United States." He adds, "To step back now would force a collapse of the Iraqi government, tear that country apart and result in mass killings on an unimaginable scale." At all costs America should work to prevent that. If we come across as a weak nation that fails to fight back, we might as well be condoning terrorism. It almost seems like an invitation for terrorists to come and take over our government, since we no longer feel like fighting for our freedoms.



PHOTO BY PAM HAYNES

FLAGS FLUTTERING IN THE WIND

our troops just give up, then we will not achieve what we went there to accomplish—to eradicate tyrannical leaders in the Iraqi government and to defend the freedoms of both the people of Iraq as well as the people of America. If America sits back and allows terrorists to run free and take advantage of their own homeland, it will not take very much time for America to be their next target. If these terrorists can treat their own people this way, how will they

longer feel like fighting for our freedoms. It is imperative that we send more American troops to fight for freedom or else we could be conquered by terrorists. I never want to wake up one day and be unable to practice my religion, not be allowed to speak or write freely or find unwanted troops setting up housekeeping in my living room. Americans must never take their freedoms for granted. They are certainly worth fighting for.

Changes on campus cause struggle, but also provide new opportunities

By Zac Cuffe
Staff Writer

Whether it's the recent debacle over the 83 sanitation grade in the cafeteria or the nearly extinct party scene on campus, students seem to be losing faith and questioning just how "extraordinary" this university really is. After some enlightening discussions with several students, I have discovered that many of you share a similar mindset in regards to your college experience at HPU. I've listened to the heartfelt concerns of upperclassmen who feel that they have been reduced to second-class citizens in the land of the Blessing Hall generation.

"It just feels like it's all about the freshmen, that the upperclassmen don't really matter," says one junior who wishes to remain anonymous. She adds, "I don't want to sound ungrateful for anything that President Qubein has done for HPU. I just feel like all the changes and wonderful things that the future classes will get to enjoy have come at the expense of my college experience. Jumping over orange cones, listening to a professor scream her lecture over the sounds of construction, and constantly trying to figure out what campus facility has been temporarily moved to where (post office, health center or campus store) does not qualify as an awesome college experience."

It's not just the upperclassmen who are feeling down and out. Rumors are flying that several members of the freshmen class are compiling their transfer applications. Fortunately for HPU, many freshmen—myself included a few years back—have gone through the motions of transferring, but most who threaten to leave seldom follow through. Former HPU student TJ Maddox (now attending Virginia Commonwealth University) had this to say, "The thing I regret the most about transferring out of HPU is leaving all my friends. I also miss walking around campus and knowing almost everyone I passed."

I remain neutral in the whole love/hate relationship that many students seem to be developing with the university. I plan to

walk across the stage in May, shake hands with Mr. Cosby and receive my diploma with a myriad of fond memories. However, I was also here to witness a much different High Point than some younger students can fathom. Whether we like it or not, change is inevitable. Eventually—and sooner than most of you probably realize—you will be hustling and bustling through your brand new, state-of-the-art Student Activity Center. You will be listening to lectures given by our distinguished faculty in pristine academic facilities with all the bells and whistles. You will be strolling through a well-manicured campus free of any signs of the construction that had previously overwhelmed it.

President Qubein said from the beginning that the transformation of this university would not happen over night and would not be easy on any of the parties involved. However, as he has reassured us many times, the result of all the hassle will be well worth the inconveniences that we have to endure. So to everyone who is feeling like their college experience is becoming less and less "extraordinary" and is thinking about transferring, just remember, the grass isn't always greener on the other side. I'd be willing to guess that there is some form of construction happening on nearly every college campus in the U.S. Universities are in a constant state of growth and change and one would be hard-pressed to find a university that will go as far as HPU has to accommodate students and keep things as normal as possible during a time of such astronomical transformation.

To those of us who will soon be entering our alumni years, I urge you to remember what truly made your college experience. It wasn't the buildings, the cafeteria food, the often infamous fountains or even the giant bronze statues. Ultimately, you will look back on your college experience and remember the crazy times you had with your friends. Somehow you'll understand that in the end, it's not where you are, but who you're with that really matters...and that will make all the difference.

Straight Talk from Dr. Nido Qubein

New Year leads to valuable change

Dear Student:

As we begin 2007, many people turn their thoughts to the possible changes that a new year may bring. You may have implemented a New Year's resolution... perhaps to study more, eat smarter or get involved in some community service. Or, you may be approaching the New Year a bit more randomly, just waiting to see what natural changes come your way.

Whichever course you take, one thing is certain:

change is inevitable. When it happens, it can be confronted with an air of resignation or of challenge. If you accept it with resignation, you're at the mercy of change. If you accept it as a challenge, change becomes your creative instrument... if you ask ask one simple question: *What next?*

The question "*What next?*" puts the ball in the future's court and practically dictates that another change is coming. It keeps you from being bound to an unproductive idea. You say,

"This isn't working; *what next?*" and immediately your mind begins searching for another solution. It lets you build on your experiences. For example, you might say, "I aced my accounting course

but didn't do terribly well in my science class. Perhaps I'd make a better CPA than a biologist." This kind of open-minded approach to challenge is the only way to use it to your own best advantage. While unforeseen change can be challenging, stressful and uncomfortable, it also brings a sense of new beginnings, fresh starts and a level playing field.

During this season of new beginnings, I challenge you to spend some time in reflection. Consider the areas of your life that may need a change. Ponder new directions and new challenges. Take the first step toward making positive change in your life.

For 2007, I wish for you a renewed sense of purpose, vision and hope for the future.

President Nido R. Qubein
nqubein@highpoint.edu



Augustana satisfies; Saliva 'watered down'

By Lauren Croughan
Staff Writer

R&B

Corrine Bailey Rae- *Corrine Bailey Rae*

This album has been on my list for a while now, and by now you should have heard from her. Mentioned on *Scrubs* and performed on SNL, she has been on the scene since February 2006, but has yet to catch the airwaves. The Billie Holiday influence is clear, and her smooth vocals make this British import a star to watch. Grammy nominated, she clearly writes and sings from the heart, making beautiful warm music which matches the jazzy vibe. Curl up to marshmallow and cocoa and dream of summer with her.
Final Grade: A



CORRINE BAILEY RAE

sound like the bands they put on *Grey's Anatomy* but their musical meaning is not sentimental.
Final Grade: A-

Rock

Incubus- *Light Grenades*

When I first heard "Anna Molly," their first release from this album, my jaw dropped. They have transformed into veterans. The entire album is genius. Every song does something to you. "Anna Molly" is just the hook; the best has not been released.

The imagination of the band continues to flourish, and they have dropped all politics from this album. Lest we not forget "Megalomaniac." Forgive them if you disagreed, everyone deserves a second chance.
Final Grade: A



AUGUSTANA

Hard Rock

Saliva- *Bloodstained Love Story*

So I was expecting the Saliva from "Always" and a tough rock 'em sock 'em band. Instead I got something watered down. They just are not tough anymore. The rock was softer than usual, and their lyrics were mainstream. It was as if they created an illusion of bone-crushing rock and disguised PG concepts. Judge for yourself at the Clearchannel website; you can listen to the whole album for free.
Final Grade- C+

Pop

Augustana- *All the Stars and Boulevards*

I listened to the album hoping to be impressed. I was completely satisfied. "Boston" which is the first single, is a very pretty song. The music always starts with piano and whispered lyrics, but quickly becomes forceful in message. I almost put this band in the rock section, but it is way too soft for such classification. They

Damien Rice's latest offering worth listening to, music "breathtaking" in quality

By Samantha Hester
Staff Writer

Damien Rice- *9 Crimes*

Irish singer/songwriter Damien Rice's latest album, *9 Crimes*, is definitely worth tuning your ears to. Although much of the album seems to consist of songs of longing and destitution, with not-so-clever lyrics, the musical quality of the album is breathtaking. Accompanied by sounds ranging from piano to acoustic guitar to tambourine to a singing bowl, Damien's voice, often accompanied by the talented Lisa Hannigan makes this album an ingenious one of late 2006.

When it comes to song titles, this album gets down to the basics of nature, with names such as "Elephant," "Rootless

Tree" and "Coconut Skins" (do you notice a pattern?).

Prior to Rice's solo career he was a part of the band Juniper, until the record company began pressuring him to write up-beat radio songs, which, not being his style, caused him to leave the band. After much traveling through Europe, he found himself buying a mobile studio and laying down new tracks. Lucky for us, his solo project became a hit and he was able to make his music the way he wanted to.

If it comes down to listening to the album or not, I would say, give it a try. The lyrical quality may be simple, and sometimes disengaging, but the sound of the music and the singing make the lyrics OK to listen to. For musical competence, *9 Crimes* gets an A.



damien rice

Faculty Art featured exhibition in Sechrest Gallery; student work on display as well

By Rebecca Fleming
A&E Editor

Art is alive and well on campus. The current exhibition in the Sechrest Gallery features the art of faculty members within the art department. The nine teacher-artists showcased in the exhibition offer viewers a wide range of artistic styles to choose from.

Andrea Wheless's *Mandalas* series is beautifully grouped and complement the looseness and freedom of Lea Lackey-Zachmann's expansive canvases - particularly *Ocean Rain*, which draws the viewer into the water. Jessica Burke's portraits and Scott Raynor's studio drawings add a nice balance to Wheless's sculpted heads (including High Point's own Dr. Epperson).

Katie Davis and Lynn Sokoloski present more abstract, and possibly unexpected, artistic visions. Davis's pieces

are beautiful geometric abstractions, featuring soft, pastel shades. Sokoloski's works demonstrate creative use of ordinary straight pins.

Other faculty artists included in the exhibition are Cheryl Harrison, Billy McClain and Cecelia Wright.

The faculty exhibition will run until April 26, with a reception to be held on Tuesday, Feb. 6 at 11 a.m. The Sechrest Gallery is located in the Hayworth Fine Arts Center, and is open Monday - Thursday, 1-5 p.m.

Examples of student artwork can be seen along the main stairway of the Hayworth Fine Arts Center, as well as along the first balcony.

U.S. Sushi offers affordable, tasty alternative to predictable lunch for college students

By Nikki Neu
Staff Writer

When I pulled up to U.S. Sushi's parking lot, I didn't think much of the exterior building attached to a strip mall. But upon entry, I was delightfully surprised at the friendly staff, pleasant décor, and great food. I know in the past I have written about some pretty pricey places, but the truth is that good food doesn't necessarily mean expensive food. Such is the case with U.S. Sushi. At this point, you might be thinking: U.S. Sushi... it's the Americanization of a traditional Japanese food, which is not cool, right? But let me assure you, this Japanese-style restaurant delivers great food at affordable prices.

There's not a lot of frill involved with U.S. Sushi, except that it serves really good food. The décor is perfectly acceptable, with long red booths, glass table tops with Asian-inscribed paper underneath, and neutral lighting, which is not too bright, but not the dim, ambient lighting likely to put you to sleep. One of the best qualities U.S. Sushi boasts is the quality of ingredients. Freshness is important, especially when it comes to sushi. If you are not familiar with sushi, it consists of sticky rice, a filling, usually of raw or cooked seafood and vegetables, and wrapped in seaweed. It is then rolled and cut up into pieces. Because some of the seafood is served raw, it is very important that all the ingredients are fresh. U.S. Sushi keeps their ingredients fresh on a consistent basis.

U.S. Sushi has an extensive array of sushi rolls to choose from. I have visited the restaurant on many occasions, and my favorite is the spicy tuna roll, which contains sashimi-grade raw tuna, and a special spicy sauce on top. I also like the Boston roll, with shrimp and fresh vegetables. The garden roll is a great choice for vegetarians because it is only filled with cucumber, carrots, and avocado. Plain and simple, it is good,

tightly wrapped, well executed sushi. It is also not too expensive. The sushi rolls range in price from about \$4-\$12 and each order contains 6-8 pieces. In addition, there are also many sampler platters to choose from, including a sampler for about \$20, the Love Boat for \$50, and the enormous Titanic for \$100. These platters will surely feed a table of people, so get a few friends together and split one! One last note, if you order a few rolls of sushi, the chef usually gives you a piece or two free! When I dined with a friend of mine, we ordered three rolls and got four additional pieces free. Now that's a deal!

In addition to sushi rolls, U.S. sushi also has other options. For example, the restaurant boasts a great hibachi menu. The beef is excellent. The restaurant also serves vegetable, shrimp and squid tempura, which is in a light batter and deep fried. Tempura is a great first step when dining at a Japanese restaurant for the first time, if you are worried. There are also various kinds of fried rice. The shrimp and the chicken fried rice dishes are both excellent. Almost all the entrees are served with a miso soup, salad, and white rice with a few obvious exceptions. The entrees start at around \$6 and the generous portions are well worth the money.

There are some great deals that happen at U.S. Sushi, such as the sampler platters and the free pieces when you order several rolls. "I think it's good," says senior Tomoe Higuchi. "Compared to other Japanese restaurants, it's a good value. You get a free sushi present, there is always room to park, and the food tastes good," says Higuchi.

One great deal happens only at lunch time. The bento box comes with a ginger-dressed salad, gyora (pork dumpling), a California roll, fried rice, stir fried veggies and your choice of several different main dishes. You get all this food for between \$5.25 and 7.25.

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Golden Globe offers 'insight' on how to make fashion work for you; you can learn from the attire of celebrities

By Robert Reid Goodson
Staff Writer

"And the winner is...you!" That's right, you, too, can have celebrity style without breaking your piggy bank to afford it. This year the 64th Annual Golden Globe Awards, hosted by NBC, provided some insight into the fashion world as Olympus Fashion Week takes place during the first week of March 2007. The major themes that were seen on the Red Carpet can be broken down into three categories: off the shoulder, floor length with a small train; off the shoulder cocktail length and Grecian Goddess. These designs are sure to grace the runways of O.F.W., as well as boutiques just in time for prom and debutante balls across the globe.

When selecting an outfit for the evening, that correlates with one of these themes, make sure you go with your color palate, while keeping in style with your body type. Like A-List celebrities sometimes your biggest investment can mean your biggest flop. According to NBC correspondent KoJo and TV Guide host Joan Rivers, along with some of my

favorite picks, the following are the Best and Worst dressed for the Golden Globes.

The best dressed include Hilary Swank, Eva Longoria, Vanessa Minils, Felicity Huffman, Katharine Heiel, Tina Fey, Isla Fisher, Vanessa Williams, Helen Mirren and coming in first place by a landslide, is recently divorced and charismatic Reese Witherspoon. Now, to the worst dressed because they poorly executed their look for the evening. This list consisted of: surprisingly, Beyonce Knowles, Sienna Miller, Heidi Klum, Jennifer Garner, Patricia Arquette, Elen Pompeo, Jenifer Lopez, Rinko Kikuchi, Jason Lee and once again fashion-wrecked Meryl Streep.

Don't worry the guys have not been left out. According to GQ.com, the Top 5 Best Dressed Men were: Milo Ventimiglia, Terrence Howard, Forest Whitaker, Justin Timberlake, and the top man of the evening was Sendhil Ramamurthy.

Furthermore, whether picking out your gown and mascara, or deciding on what tie or hair gel to use, first impressions are key during your special event. Always remember as Audrey Hepburn once said, "Fashion should be timeless."

Bat Boy. Who is he? What is he?
Keep a sharp eye open for more information.

'Stomp the Yard' disappoints, failing to show true significance of step-show tradition

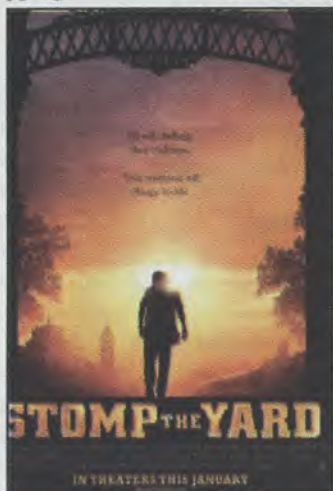
By Maria Rojas
Staff Writer

If you want to see a film about the historical importance of stepping as it relates to predominantly black fraternities and sororities and become more enlightened as to its decades of existence, then "Stomp the Yard" is not for you. The movie focuses more on the Hip Hop dance theatrics of "krumping" and "clowning" and poorly conveys the true purpose of step, which is the art of rhythmically telling a story through the unification of synchronized movements.

The movie's main plot follows Columbus Short, former choreographer to Britney Spears, as he plays DJ, a battle dancer from L.A., on his journey in finding out the importance of self-sacrifice. He crosses Theta Nu Theta and regains

brotherhood while obtaining friendship and overcoming obstacles. The overdone theme of tragedy-to-triumph causes the ending to become predictable halfway into the film. The majority of the action and drama lies within the sub-plot—the rivalry between the Thetas and Mu Gamma Xi, which concludes with the two frats competing head-to-head at the National Step Show Championship. Camera tricks take away from the integrity of step choreography and lead to simplistic, undeveloped dialogue. The resemblance to "Drumline" makes "Stomp the Yard" disappointing. If you

caught the previews for the film, or saw "You Got Served," then you may want to wait until it comes out on DVD. Final Grade C-



There's a highly anticipated new group on campus, a step team. Comprised of both men and women, the diverse group fuses elements of both African dance and cheering to create their own unique style. Freshmen Marissa McPherson and Brian Peace and junior Erika Norris serve as captains and offer inspiration for the group's authentic material. The goal of the team is to add flair and excitement to campus while placing a greater emphasis on school spirit and Panther pride. The team is scheduled to showcase a full performance on Feb. 22 during half-time when the men's basketball team takes on Loyola (Md.) at 7 p.m. at Millis Arena.

- Maria Rojas

'Thunderhead' provides romance, adventure, and horror as readers travel to Egypt on archeological quest

By Stephen White
Staff Writer

"Thunderhead"
By Douglas Preston and Lincoln Child
Warner Books, 2001
483 pages

It starts with a letter that is worth killing over. Associate Professor and archaeologist Dr. Nora Kelly finds herself thrust into the dark memories of her past, reading a tattered old letter written by her father at some point before he went missing 16 years before.

But the importance of the letter isn't based on its author, but its content as this letter provides vague directions through harsh, dangerous desert canyons to a city of legend: the lost Anasazi city of gold, Quivira. Nora, convinced her father's discovery is true, drops all her projects and throws together an expedition through some of the most dangerous terrain of the Southwest, hoping to follow her father's footsteps and make what promises to be the most important archaeological discovery in history.

Nora is joined by a piecemeal group of some of the best colleagues in the profession: Dr. Aaron Black, famed

and feared geochronologist; Enrique Aragon, medical doctor, paleopathologist, and anthropologist; Peter Holroyd, communications expert; Luigi Bonaratti, camp manager and world-class chef; Roscoe Swire, rancher and horse expert; Bill Smithback, New York Times reporter, sent to publish a post-expedition novel; and, lastly, Dr. Sloane Goddard, recently Ph.D.'ed daughter of the wealthy financial backer, Ernest Goddard, chairman of the board of the Santa Fe Archaeological Institute.

The story moves slowly at first as the group makes its way through the treacherous canyons, and then the pace quickens and soon becomes an all-out race to an explosive and amazing ending, with attacks by unseen enemies, betrayals by jealous, immortality-seeking colleagues and issues with the environment. No archaeological or historical knowledge is needed, as every detail is thoroughly explained in a manner that enhances the novel and doesn't make it a bore to read. Couple the plot with characters that you can understand and feel for, not to mention an indomitable heroine, and you've got a true tour-de-force of great fiction.

If you like action/thriller books with romance and horror thrown in, this book provides one heck of a thrill-ride. I give it eight out of 10 stars.



THUNDERHEAD

Winter arrives at High Point



PHOTO BY PAM HAYNES

SNOWMAN (LEFT), DR. NIDO QUBEIN

Students welcome the wintry chill in the air as about an inch of snow covered the ground on Thursday morning. Celebrations entailed snowball fights and brief appearances by snowmen all over campus before succumbing to the freezing rain and warming temperatures.

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Appearances leave an impression on student, professor alike

By Maria Rojas
Staff Writer

"I don't come dressed to class," says sophomore Justina Baptiste, sporting a pink oversized coat and grey pajama pants to her 9:30 a.m. class. "I wear anything that I roll out of bed with."

Baptiste is not alone. College students are putting less time into their physical appearance and barely any effort when choosing their attire for class. However, there are a select few who view class as a professional setting; those students are challenging the norm of dressing in jeans, sweatshirts and pajamas, and take pleasure in creating their own style, and getting dressed up to attend class.

"The way you dress is a reflection of the way you view yourself. When you present yourself in a professional and studious way, it says you're ready for success," says sophomore Robert Reid Goodson.

"There is a 50/50 split on

High Point University's campus," states Goodson. "Half dress to impress, and the other half could give a damn." When venturing across campus, it is apparent that students are taking advantage of the freedom they possess by being away from their parents and are dressing for comfort, even at the expense of conveying the attitude of not caring to their peers and professors.

"I'm sure my professors think I'm a slacker [because] I don't make an effort to get dressed for class, and sometimes I don't even do my hair. I feel like I live here," says Baptiste. Students feel like campus is a home away from home, so they wear attire that would be comparable to their dress at home. The motivation to create one's own individual style is replaced by what has been set as normal attire for campus.

Dr. Marion Hodge, professor of English, has noticed that in his 25 years at High Point University, students have changed to a more "informal" style of dress.

"I'm so used to the informal [style of dress], that I can't imagine what unacceptable dress might be," Hodge states with a grin. "Clothing should not be a distraction regardless of the gender," says Goodson. Most students on campus agree that women wearing short shorts, whether jean or cotton, and men wearing wife-beaters, are inappropriate class attire.

"Although dress has no impact on grading, I tend to think that a student who is careful about appearance, is logical in his or her approach to professionalism and has a mature way of thinking," states Hodge. Students insist that college is the time to express individuality but unconsciously conform to the influences of their peers in relation to their appearance and dress. Those students who diverge from the conventional college dress are often ridiculed by their peers for going against the norm. Hodge quotes Walt Whitman as saying, "I wear my hat indoors or outdoors as I please," which was a statement of

Whitman's individuality. "If everyone else is wearing pajamas and a student chooses to dress up, virtually he or she is saying the same thing," stated Hodge.

Students who dress up for class are exhibiting respect not only for themselves, but also for their professors and classmates. "There is a certain aura and quality of excellence that comes with a neat appearance; depending on the situation, your appearance (dress) could determine your success or failure," says Goodson. The main objective to college is educational and inward growth. However, people make judgments based on the way individuals present themselves. Granted, a first impression can be changed, but very seldom does a person negate that initial image.

Students have the right to wear what they want and should wear what makes them feel good. However, a wise person once said, "You should not dress for where you are, but for where you are going."

Former homicide investigator turned counselor helps students

By Pam Haynes
Opinion Editor

After eight years as a homicide investigator, Kim Soban, head of psychological services, relates her current job of counseling students to her former career of solving murder cases by one common thread: helping people.

"I loved the challenge of solving cases, but I got a great deal of satisfaction from helping families of victims transition back into as much of a normal life as possible after the case was disposed of in court. I took a great deal of pride in my work and was rewarded not only by the department, but also the public," she explains.

Soban, a native of Thomasville, began working for the High Point Police Department as a patrol officer in 1983. She was eventually transferred to special investigations, where she first began her detective work with child abuse and sex abuse cases. These advancements led her to the homicide field.

Working in homicide gave her the ultimate training and preparation to become a therapist. "It afforded me the opportunity to work with people from all walks of life. It also allowed me to witness human tragedy in a way that being a therapist does not. I have a deeper understanding of what people go through when they lose a loved one in a tragic situation," she says.

The last murder that Soban covered might have prepared her more than any other case. It consisted of a young man and woman entering a family's home with a gun. A son, two daughters, and a mother and father were in the house at the time. The intruders shot the son, shot and killed the father and youngest daughter while the mother safely hid in the closet, and also shot another daughter who had been hiding under a coffee table. She is now paralyzed from the waist down.

Incredibly, two weeks before she and her father were killed, the eight-year-old daughter had written a composition for school entitled, "Black on Black, Why are we killing each other?" The composition was about violence that exists inside of the black community. Soban read this composition to the jury because both the victims and murderers were African-



PHOTO BY PAM HAYNES KIM SOBAN AND HER LAB, SYDNEY

American. "Everyone was in tears. I bawled like a baby," she recalls. Both the man and woman were sentenced to life terms in prison. Soban says that if she hadn't been planning to retire after that case, it would have probably been her last homicide investigation because of its nature.

But Soban had been planning on retiring so she could pursue her dream to become a therapist. She began her course to get her doctorate in counseling through Capella University and was hired by HPU to become the director of counseling services.

Her days are very different now.

See *Soban*, page 9

Student's case of OCD causes clothing fixation and lost time

By Jody Wicks
Staff Writer

Becky's room has piles and piles of clothes—folded over the back of her desk chair, folded in her hamper, folded hanging off of her bed. Some stacks are 15 items high. The unusual thing about this is that they were all folded meticulously and inside out. Becky suffers from Obsessive Compulsive Disorder (OCD), a condition which puzzles doctors world wide.

Rebecca Carr, 20, is from Carlisle, England and is studying recreation and playing on the Panther tennis team during her time in America.

OCD is a disorder that prohibits people such as Becky from going through daily routines in a timely fashion. "It takes me ages to get ready for everything, even the cafe," she

says, then laughs. Unlike many victims of OCD, Becky can sometimes find humor in her antics.

But other times OCD takes a toll on her, especially if she is in a hurry. "I hate it. Sometimes I wish I could just get up and go like everyone else," she says. But she can't. There are many types of Obsessive Compulsive Disorders, although they do not have diagnosed names. Some people have to do things in pairs, like chew two pieces of gum rather than one, or find it unacceptable to walk on the cracks of a tiled floor, and they must re-walk the room if they accidentally step on a line.

Many people confuse OCD with being afraid of germs. The two, more often than not, do not relate. The many categories of OCD include Becky's, which has to do with her clothing. But people are not obsessive compulsive about everything. For example, Becky is not concerned if water or coffee gets on a homework paper, but if something like that were spilled on her shirt, she wouldn't be able to cope. "I was at a restaurant once, and a waitress spilled a bit of Sprite on my sleeve as she was reaching across the table," she recalls. "I knew it wasn't her fault, but I couldn't help it, I had to leave. I could not sit there with

something on my shirt."

Borrowing Becky's clothes is unheard of. She knows when something has been tried on or even touched because of the way she left it. She said, "One good thing about all of this is nobody can get away with borrowing my things without asking, because they don't know, but I will always know if it was moved." Everything in her closet is hung inside out and distanced a quarter inch so things don't touch. Her shoes, directly below are in two straight lines pair by pair.

Many children suffer from OCD and cannot play as normal kids do. Oprah Winfrey recently devoted a show to their struggles. OCD prevents normal childhood by forcing kids to perform tedious tasks such as touching each toy twice, having to touch everything with each hand or having to line toys up in a straight line.

OCD is not a hereditary disorder. It develops in early childhood, but doctors still do not know why. Becky says, "I've never met anyone with this disorder. I heard about it on TV when I was about 13, and thought I had many of the characteristics of it." There is no cure for OCD; the only treatment is intense therapy with a psychiatrist.

A lot of people don't think of OCD as a problem. This is until they befriend or observe someone with the disorder. Many people make light of it, including the popular TV show "Monk" about an obsessive compulsive detective who always, despite his antics, seems to solve the crime. The show makes fun of the routines he must go through to complete his day. For example, Detective Monk finds it impossible to touch doorknobs or even shake someone's hand.

Unlike Becky, some people with this disorder cannot find humor in it at all. "Some people have it a lot worse than I do and eventually drive themselves crazy with their habits. I don't find that funny at all; I guess some people do, but they don't really understand what it's like to have it," she says.

**"I just hate it.
Sometimes I wish
I could just get up
and go like everyone
else..."**

Overprogrammed senior enjoys her plethora of activities

By Nikki Neu
Staff Writer

Senior Karen Dingle is one of the busiest students on campus. "I split my time between four jobs, school and activities," says Dingle. But the hardworking, Glen Mills, Penn. native stays busy by choice. "As long as I'm going all the time, my mind is going too. I enjoy being productive at this point in my life," she said.

To give you an idea of Dingle's day, she starts off working at a local law firm. Most of her afternoon is spent in class. After a quick break, she winds down in the evening by working about three hours in the Academic Services Center on campus. There, Dingle either monitors the office or performs her duties as lead tutor for the English as a Second Language (ESL) program. She is also a supplementary instructor for an ESL class. This hectic schedule keeps her running around from 5 a.m. to 10 p.m., but Dingle's week doesn't end there.

"On the weekends, I sleep and try to get work done that I didn't get finished during the week," said Dingle. With this kind of schedule, one would think that Dingle would go through her day a tired zombie, but Dingle insists that she



PHOTO BY PAM HAYNES KAREN DINGLE

sleeps well. "On average, I get between five to seven hours of sleep per night." However, it wasn't always smooth sailing through her rigorous schedule.

"I used to be tired all the time, but I started running again. When I put that back into my schedule, I was able to live off of less sleep at night and not need a nap

during the day. If people want to know the secret to my success, it's physical activity." Dingle, who used to run between eight and 11 miles on her high school track team, now manages to fit in a three-mile run about three times per week. She attributes her stamina throughout the day to her reintegration of physical activity into her schedule. "I'm in better physical shape, so I sleep better. My body just makes the most of my sleep."

Even with the addition of her running and normal sleeping habits, Dingle still struggled at the beginning of this year with over-booking herself. Now, she recognizes the signs of over-committing and monitors them closely. "When I have to start cutting out meals because I'm too rushed to eat, then I know it's getting to be too much," says Dingle. "I have a passion for food and I love to eat; it's a favorite hobby of mine."

When I don't have time to eat, I know I've done too much and I have to rearrange some of my schedule."

Dingle is Model United Nations president and ESL head tutor and she belongs to the foreign language club and German club. "I also play the clarinet,

saxophone and piano," says Dingle. She could start her own jazz ensemble—all she needs are a few extra hands.

When asked what attracts her to doing so much, she explains, "the facial expressions of people when I tell them I have four jobs and I go to school full-time. Forty hours a week in jobs and 14 hours a week in school, it's awesome!" But Dingle also offers a more serious value in working as hard as she does. "I work because I have to. I moved off campus and my parents are struggling with two kids in college and one going to college next year." Dingle is not only unselfish in her quest to aid her parents, but humble also. "I've been told that I'm an over-achiever, but I don't think that I am," says Dingle. But who does she think she's fooling?

As for her goals, Dingle is applying to graduate school and wants to go into corporate law. But even more so, Dingle simply wants fame. "In general, I want people to say, 'Oh, yeah, Karen Dingle, I remember her. What's she doing now? Is she ambassador to Germany yet? Oh wait, why as a matter of fact, she is!'" I want to have enough knowledge in my field that people will tell other people to ask me because I will know." And with all the work that Dingle is doing to prepare herself for the future, surely she will obtain her goals in no time at all.

Are American leaders also guilty of terrorism?

By Matt Cothran
Staff Writer

Much like many people in the United States and around the world, I shared the deep sadness at the deaths of thousands caused by the terrorist attack of September 11, 2001. As I listened to people around me talk, I realized the anger and fear I felt were very different, for my primary anger was directed at the leaders of this country and my fear was not only for the safety of Americans, but for innocent civilians in other countries.

It should need not be said, but I will say it: The acts of terrorism that killed civilians in New York and Washington were reprehensible and indefensible; to try to defend them would be to abandon one's humanity. No matter what the motivation of the attackers, the method is beyond discussion, but this act was no more despicable as the massive acts of terrorism, the deliberate killing of civilians for political purposes, which the U.S. government has committed during my lifetime. For more than five decades throughout the Third World, the United States has deliberately targeted civilians or engaged in violence so indiscriminate that there is no other way to understand it except as terrorism. It has supported similar acts of terrorism by client states.

If that statement seems outrageous, ask the people of Vietnam, Cambodia, Laos, Indonesia, East Timor, Chile, Central America, Iraq, or Palestine. The list of countries and peoples who have felt the violence of this country is long. Vietnamese civilians were bombed by the United States. Timorese civilians were killed by a U.S. ally with U.S. supplied weapons. Nicaraguan civilians were killed by a U.S. proxy army of terrorists. Iraqi civilians

"The acts of terrorism that killed civilians in New York and Washington were reprehensible...to try to defend them would be to abandon one's humanity..."

were killed by the deliberate bombing of an entire country's infrastructure.

My anger is directed not only at individuals who engineered the Sept. 11 tragedy but at those who have held power in the United States and have engineered attacks on civilians every bit as tragic. That anger is compounded by hypocritical U.S. officials' talk of their commitment to higher ideals, as President Bush once said, "our resolve for justice and peace." To the president, I can only say that the stilled voices of the millions killed in Southeast Asia, in Central America, in the Middle East as a direct result of U.S. policy are

the evidence of our resolve for justice and peace.

Though that anger was with me off and on all that day, it quickly gave way to fear, but not the fear of "where will the terrorists strike next," which was all I heard around me in newspapers and on television. Instead, I almost immediately had to face the question, "When will the United States, without regard for civilian casualties, retaliate?" I remember wishing the question was, "Will the United States retaliate?" However, history is a guide; it was only a question of when and where. The question was which civilians will be unlucky enough to be in the way of the U.S. bombs and missiles that might be unleashed. The last time the U.S. responded to terrorism, the attack on its embassies in Kenya and Tanzania in 1998, it was innocents in Sudan and Afghanistan who were in the way. We were told that they hit only military targets, though the target in the Sudan turned out to be a pharmaceutical factory.

As I monitored television during that day, the talk of retaliation was in the air, in the voices of some of the national security "experts", there was a hunger for retaliation. Even the journalists could not resist, speculating on a military strike that might come, I remember one reporter on ABC News said that "the response is going to have to be massive if it is to be effective." I thought at that very instant; let us not forget that a "massive response" will kill people, and if the pattern of past

See *Anger*, page 9

Annual prayer breakfast draws HPU family, friends

By Rebecca Kidd
Staff Writer

It was obvious High Point University was in the Christmas spirit with all the wreaths, poinsettias, garlands, flags and Christmas music.

During December, the university held two annual Christmas celebrations—the Lesson and Carols Service and the annual Community Prayer Breakfast. Both events are favorites of the university family and the High Point community.

On Dec. 6, the annual Lessons and Carols service was held in the Charles E. Hayworth Sr. Memorial Chapel. The service consists of the reading of the birth of Jesus by different representatives of the university and singing of Christmas hymns. After the service, everyone walked out to the lighting of the university Christmas tree behind Finch Hall, where Dr. Qubein did the honors. The evening concluded with everyone singing Christmas carols and enjoying refreshments.

On Dec. 8, the annual Community Prayer Breakfast Prayer was held in the Millis Center. The breakfast is a time for faculty, staff and friends of the university to come together to celebrate the Christmas Season. The speaker for the breakfast was Dr. Thomas G. Long, Brandy Professor of Preaching at Candler School of Theology at Emory University in Atlanta. He spoke of the peace and the joy of Christmas, encouraging those in attendance to embrace the miracles of this holy time of the year, and to consider that they are "local" events...not something that happens only to other people in other places." A video was also shown wishing everyone a Merry Christmas and Happy New Year from the university.

Forbes, continued from page 1

Elisha to Dr. King because both men spoke out against the rulers of their time. Both men delivered a message that the world did not want to hear. He also said that the average person is merely, at his or her best, an apprentice to the message of the great prophets like Martin Luther King Jr.

"The Israelites are not the only people of God," continued Rev. Forbes in his message. "Black people are the people of God, too!...White people are the people of

God!...Muslim people, whether they believe like me or not, are still the people of God!" he said to the audience. "In every race, there are some folks who do the right thing and some who do the wrong thing. May God increase the number of those who do right."

The Reverend then told the audience to march. "At Martin Luther King Jr.'s protests, you marched," he said. The crowd stood up, lifted one foot and forced it back to the floor. The sound of feet marching together in unity filled the room with the sound of a soft drum beating as the

Reverend continued to preach that Dr. King was a prophet and at best, the average person of today is an apprentice to his message. But most of all, he preached that all people are the people of God.

When the march was over, the crowd remained standing. Maybe because they knew it was one o'clock and the service was about to conclude in prayer. Or maybe it was because Rev. Forbes' message had given them their double portion of the spirit and they were too full to sit back down.

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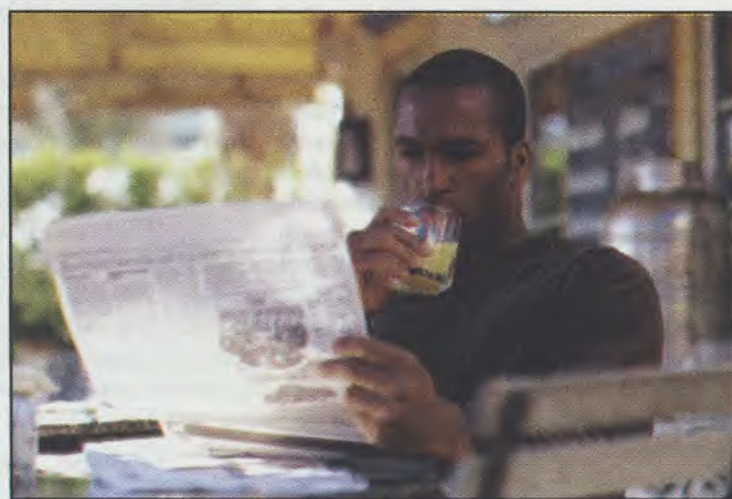
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WORD on the STREET

With the recent efforts to raise the minimum wage in North Carolina, students, faculty and staff were asked if they supported these efforts and why or why not.

James Corey, Political Science Professor

"If I were a small business owner making marginal profit, I would be worried about raising the minimum wage. However, I do believe it is the right step to take to help the poor."



Anthony Crawford, HPU catering employee

"I support the raise because I've made minimum wage before and it's not enough to make a real living."

Kristen Brown, Senior

"I'm from Maryland and they've already raised the minimum wage there to meet the costs of housing. I think they should raise it here as well

because it's hard to afford housing and provide extras for you or your family."



Rebecca Kidd, Senior

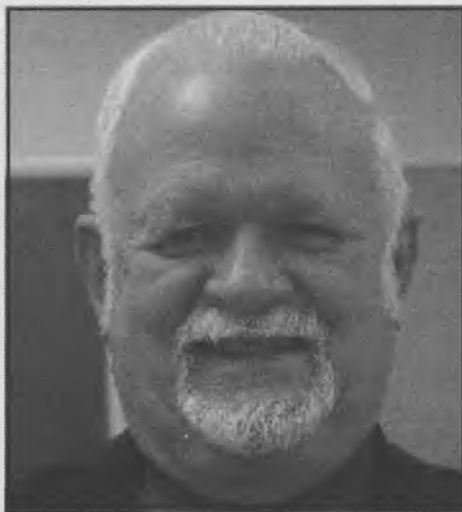
"I'm all for it because people who work for minimum wage generally work as hard as people who earn higher than minimum wage. It's also expensive for college students who are trying to support themselves on their own."

Stephanie Anderson, Junior

"I'm for the increase. You have to think about college students who have to pay for their own

books and everything else. Most college students who don't have connections can only get minimum wage paying or low-paying jobs."

Compiled by Pam Haynes



Do you have a story or a suggestion for a story you would like to see in the Campus Chronicle?

Do you have a picture you'd like to contribute?

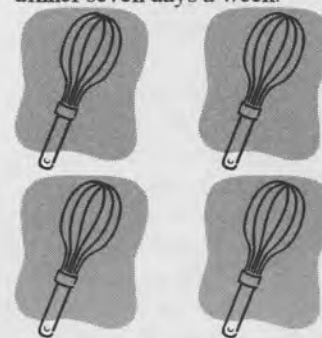
Send all submissions to news@highpoint.edu

by February 16

The staff of the Campus Chronicle values your input and looks forward to receiving your ideas!

Sushi, continued from pg 4

Overall, U.S. Sushi is a great restaurant for casual dining and a great alternative to the same old burger and fries. It is affordable, it has a friendly atmosphere, and most importantly, it serves great food. U.S. Sushi is located at 2531 Eastchester Drive in High Point and is open for lunch and dinner seven days a week.



This restaurant gets 4 out of 5 whisks. Scale:

1 whisk: (Poor) Below Average---period.
2 whisks: (mediocre) don't clear your calendar to rush back, but might have specifically pleasing aspect (ex.-1 dish, friendly service or good atmosphere)
3 whisks: (good) steady, consistent cooking and service
4 whisks: (excellent) high quality menu with great service and pleasing atmosphere
5 whisks: (extraordinary) one of a kind, world class, truly exceptional all around experience

Nikki Neu is a former culinary arts student of the Johnson and Wales' college satellite program. She is a member of the Junior Chef's Club of America and has won several awards for her pastry and pastillage work. She is also a former chef for the Perfect Pear Café in Simsbury.

Pastor, continued from page 1

alum about 100 days. I think back to freshman year and all he changes on campus and as an individual and wow... you come to realize those you meet at HPU become your family, and I can't imagine not seeing some of these people

every day after graduation. It's odd the way things work. I came to HPU crying because I didn't want to stay and I think I'll be upset to leave the friends that I've met my four years here."

Some other fun facts about Megan are: She loves burritos from Barberito's

and oatmeal chocolate chip cookies. Her favorite movie is "Mr. Holland's Opus." She enjoys the Dave Matthews Band, anything country, Hootie and the Blowfish, UNC's a capella group the Clef hangers and Christmas music.

Soban, continued from page 6

"I see students every day. Certain times of the year are slower than others. More students usually come after the first six weeks of school before the holidays. Also, seniors tend to come at the end of the year," she says.

Besides the obvious, counseling differs in many ways from her former career. "With a murder, the victim is dead and there's nothing you can do for them but solve the case. Counseling can be harder because the person is still alive and in pain. Also, as a counselor, you are more empathic with the student and form a relationship with them, which makes it harder to see them suffering," she says.

Her favorite methods of counseling include cognitive behavioral therapy, in which she examines how the thoughts of the student affect his or her life. She then tries to reconstruct those thoughts in a more positive way. She counsels students for a wide variety of things such as depression, social phobia, relationship issues and substance abuse.

In addition to her knowledge of counseling techniques, Soban also

offers students a more non-traditional type of therapy in the form of a Chocolate Labrador named Sydney. She often brings the dog to campus to sit in on counseling sessions or lets students take a walk with her.

"What I have observed so far is that [Sydney] offers an unconditional love that causes students to feel more comfortable in therapy. She has a calming spirit and is nurturing for those students who miss their own pet," she says.

Soban extends an invitation to stop by her office to any student who feels the need to talk to someone about any type of matter. Let students be comforted by the fact that the university not only offers free counseling services, but also a counselor who has had years of training for the job. "I don't know of any other job than homicide that could have prepared me for what I do. I believe we all have a calling. Being a cop and now a therapist were exactly in line with what I believe I'm supposed to be doing," says Soban.

Anger, continued from page 7

U.S. actions holds, it will kill innocents. Innocent people just like the ones in the towers in New York and the ones on the airplanes that were hijacked. To borrow from President Bush, "mothers and fathers, friends and neighbors" will surely die in a massive response. So for the last forty-five months the U.S. military has been in some part a direct or indirect part of retaliation against a country that may or may not even contain the suspect who may be responsible for September 11, 2001.

If we are truly going to claim to be decent people, our tears must flow not only for those of our own country. People are people, and grief that is limited to those within a specific political boundary denies the humanity of others. If we are to be decent people, we all must demand of our government, the government that a great man of peace, Martin Luther King Jr., once described as "the greatest purveyor of violence in the world," that the ridiculous killing be stopped.

Fonder takes over the helm of men's soccer program

By **Jesse Kiser**
Staff Writer

Big change at HPU is not just restricted to the construction on campus; how about a soccer program that contends for the Big South Championship year in and year out? That's new head coach Dustin Fonder's goal for the men's soccer team.

Fonder has been around the block, as they say, from playing professional soccer from 1995 until 1999 to serving as an assistant in an Elon program that rose from an RPI of 165 to their first ever national top 25 ranking.

With over 100 applicants for the newly opened position of head men's soccer coach, Fonder rose above the rest not just through his strong resume but through word of mouth in the college soccer community. Dr. Woody Gibson, director of athletics, once a soccer coach himself, knows a few prominent soccer people who spoke on Fonder's behalf. "He was clearly a top candidate," says Gibson. Gibson also said that he has faith in Fonder finding all the right moves to make the men's soccer team the best they can be.

Not only does Gibson have confidence in Fonder as a new coach but Fonder also has confidence in himself. What are Fonder's personal goals? To be a successful Division I coach, "not only in winning but developing a program that HPU

can be proud of," says Fonder.

Coach Peter Broadley resigned last fall with many people disappointed to see him go. "It's hard on any program to see their coach leave," says Gibson. Broadley didn't exactly leave on a bad note, though; the team played Winthrop in the Big South Championship game in 2006, and Fonder plans to build on that success.

"I want to be a program that competes for the Big South every year," says Fonder. He wants HPU to be expected to perform at a high caliber at the Big South Championships. "Right now if High Point does anything, it's a surprise. I want it to be the norm," says Fonder.

Plans for this spring include not only Fonder's meeting one-on-one for an hour at a time with every member of the team but also to establish a blueprint for fall. Fonder says, "This spring we can learn a lot about ourselves and experiment with positions and plays."

As an assistant, HPU hired the 26-year-old Venezuelan, Tony Filvino, who played for the national team in New Zealand and at Greensboro College. "I'm excited about the future that



AS A COACH AT ELON, DUSTIN FONDER DIRECTS HIS TEAM.

PHOTO BY HPU ATHLETICS

HPU has ahead of them," says Filvino.

Fonder lives in Gibsonville and plans on moving closer in the next few

months. Fonder says the best part of coaching is "having 25 guys all after the same thing. We are all in it together."

HPU Athletics gets in on the club scene with lacrosse

by **Mike Nuckles**
Sports Editor

In a time of vast change on a growing campus in northern North Carolina some alterations are loud and noticeable while others are just a whisper of what could be in the future. One of these soft additions is not a building or new major or philosophy. You can't read about it on the High Point Panthers website, but you can view it by seeing freshmen flooding the Kester International Promenade wearing masks and pads and wielding net-ended sticks. You can sense it by hearing full-contact practices on the field along West College Drive below the baseball stadium. It is HPU Club Lacrosse.

The first year ever for lacrosse at High Point University is the 2006-07 school year. HPU Athletics has named Tara Pietraszuk as the women's club lacrosse coach and Roger Davis as the men's coach.

Pietraszuk has limited experience in lacrosse, but during that time she has been the head coach at Texas Tech University in Lubbock, Texas. While her team wasn't varsity, it still played traditional Big XII foes such as Texas, Baylor and Texas A&M. She also played four years of Division II field hockey and has coached lacrosse at the youth camp level.

Davis, on the other hand, will have his 40th year of lacrosse coaching and playing experience in 2007 as HPU's men's lacrosse coach. Davis played college lacrosse at the University of Virginia, played ten years of club lacrosse in the Charlotte area, and has been a youth and high school lacrosse coach for several years. Davis, a High Point resident for

"I've lived in High Point since 1988, but never in my wildest dreams did I ever imagine that there would be a High Point University lacrosse team. Even further from my imagination would be the fact that I would have an opportunity to coach it. I just think it's great and I'm very excited about that," Davis said.

Though the teams have both begun

last semester. The women only just had their team interest meeting on Wednesday, Jan. 17. Despite the late start, Pietraszuk is enthusiastic about her team's prospects.

"We're going to have to see how many girls are interested because if we only have about 8 or 10, we'll still have practice but we won't be able to field a team this year. At least for the later spring I'd like to get at least a few scrimmages in to see where we're at number-wise to see if we'll have enough to have a team," Pietraszuk said.

Davis, meanwhile, has great confidence in the abilities of his team.

"We have some terrific athletes on this team. We have some experienced players, others that are just learning but it is no surprise that what we need more than anything is time to play together. I don't think we're going to find teams that will outdo us athletically or physically, but in terms of skills and developing team concepts that's where it's going to take us some time to develop, but I think we have a very bright future with the group that we have," Davis said.

Next time you hear the administration announce that a new building will be built or a new major added to the catalog, remember the subtler, but no less important, changes that are enriching High Point University.

Basic facts about lacrosse

- Played much like the game of field hockey, with two goals at each end of the field.
- Men's lacrosse teams traditionally have ten players each, while women play with twelve apiece.
- The game is played over two halves with the winner being the team scoring the most amount of goals, which have the value of one point each.
- Lacrosse was developed by Native Americans, named by the French, and popularized by the Canadians.

the last 19 years, jumped at the chance of coaching his hometown college's lacrosse team.

this year the men have a head start on the women, already having played a scrimmage against North Carolina-Greensboro late

Dance team acquires athletic department sanction, helps to form 'Sixth Man' element

By **Ashley Rich**
Staff Writer

Basketball games this year are different in many ways—from constant give-a ways to the new pep band, but one of the strongest changes is the dance team, known as the Panther Sensations.

Now under the athletic umbrella, the team consists of 12 women ranging in age from freshmen to seniors. Coached by Jasmine Newsome, a 2003 graduate of UNCG with a B.A. in Dance, the team uses the basketball games to exemplify the diversity present among the participants.

"I feel that the team is so special

because this year we have many different personalities that were able to come together as one. We are a special team because we know how to take each other's strengths and weaknesses and use them to build a good squad," explained sophomore Danielle Cunningham.

The overall goal of the team is to show audiences their ability to learn different styles of dance and perform them with excellence. They do dances to music ranging from Fuel to MC Hammer. The women feel that they must keep all age groups interested to keep up crowd spirit.

The team, now under NCAA Division I regulations, is just like any other

athletic team at High Point. They must have at least three practices a week, aside from games. The women must also attend study hall each week if GPA requirements are not met. Six of the 12 dancers were recognized at a recent basketball game for being Millis Scholar Athletes. This means that they had maintained at least a 3.0 GPA in either of the two previous semesters.

Another change on the team is the new uniforms. There are two uniforms that they alternate between men's and women's games. All of the uniforms worn at men's games have a 6 on the back to help promote the idea of "be the sixth man." This is the concept put together by the athletic

department to get the students and fans more involved in the games by becoming the "sixth man" in the stands.

Promoting Panther pride and bringing excitement to basketball games are the Panther Sensations' top priorities. However, on Saturday, April 21 the squad will hold its annual exhibition performance at the Hayworth Fine Arts Center. This will be an exciting event for them to dance and show their true talents. There will be dances of all styles and music to excite all tastes.

High Point sports and other special events are exciting, and the added spirit of the Panther Sensations brings even more fun and interest to the crowds.

Heart the key to Reid's game

By **Carter Bills**
Staff Writer

From getting kicked off his high school basketball team to becoming a Division I All-Conference selection, High Point forward Arizona Reid has experienced both hardship and triumph throughout his path to standing in the Panther spotlight.

And where he stands is 6'5" inches tall. With his large frame, student-athlete popularity and dreadlock style braids, Reid at High Point University is like Shaq in Miami. "AZ" is undoubtedly the "big man on campus."

Unfortunately this may be all you know of HPU's most recognizable face. Sure he is probably bigger than you and more than often matching a fresh pair of Jordan's

with a fitted cap over his dreads, but you are thinking that he is thinking he is on top of the world. He is not like that, however. "There is still so much I want to do," says AZ, the Big South First Team All-Conference selection last season, who was featured in *Slam* Magazine.

If you have not seen him on campus or in the media, you have probably caught him in the MACC hard at work making baskets or collecting boards. With his dreadlocks flying, tattoos visible and intense passion on the hardwood, it is not farfetched to see AZ as scary.

But such a judgment would limit your perspective. If you do not know AZ, talk to him; or at least for now, take a look inside the dreadlocks. You'll encounter a vibrant personality.

Growing up in small-town, pseudo-rural, Gaffney, S.C., AZ is the son of Mr. and Mrs. Arizona Reid. They called him AZ for short, just as the state is abbreviated, serving as a substitution for "JR." His friends called him everything from "Zone" to "Aze" (Ace), but the Reid family nickname, AZ, is the one that has stuck through line-up announcements, radio broadcasts and general conversations.

Then, there was basketball. "I started playing when I was about 7 or 8 for the Salvation Army, with a couple of my friends," says AZ. While this is a late start when comparing Isaiah Thomas dribbling in diapers, it is quite early when considering learning the game as a teenager, like Patrick Ewing or Tim Duncan.

AZ loved sports growing up. "When I was younger, I won a couple of championships for both baseball and basketball," he recalls of his days in the recreational leagues. "I took those games very seriously," AZ continues, "That's when I decided I was born to win – I was not going to be a loser."

Despite struggles giving him continual reasons to fail, AZ Reid has been everything but a loser. Gaffney is not the easiest place to grow up. "A lot of my friends I hung around with were drug dealers," AZ remembers. The streets of Gaffney threw their temptations at AZ, engulfing most of his friends and even some family.

AZ lost his grandfather, with whom he held an extremely close relationship, last summer, and a close aunt sometime earlier. His cousin Saggis Jefferies "was like Superman to me," recalls AZ of his tough, older cousin who suffered a fatal car accident in 1998. The death left a young AZ confused, momentarily leading



REID

him astray. He turned to the streets, where he felt closest to his loss. "It really hit me hard, losing Saggis," he recalls. "I started doing things that weren't even me, just trying to figure it all out."

The autopsy showed that Jefferies died from choking on his own blood while injured in the wrecked car. "I thought about it all the time," AZ said. "It gave me nightmares."

Unfortunately, the nightmares lingered as AZ stayed a bit too involved in the street. "If you know me, you know I'm not a drinker or a smoker. But that's what the streets will do to you – sucker you into something you're not just to get some sort of artificial comfort." When AZ started high school, off-court distractions altered his focus.

"My ninth grade year I got kicked off the varsity team because I wanted to hang around with my friends and not go to practice," AZ admits.

If you know the story of Michael Jordan, you remember he was cut from his high school basketball team his first year, sparking the motivation to become the greatest ever to play the game.

Similarly, not being a part of the team was a major eye-opener for AZ. The set-back stirred reflection in a teenager still searching for purpose. It made him think about what his role model, Saggis Jefferies, would want him to do. "It made me realize that it (death) could happen to anybody – not just him. I wanted more of my life than the streets of Gaffney, and I knew Saggis would want that for me, too."

Ask and you shall receive – because more is just what AZ Reid got. After talking with his parents and a few trips to church, AZ set foot on a journey from which he would not waver.

"I decided to stay on the right path," says AZ of his newly-found self. "I knew if I just listened to my parents and believed in God, that they would lead me the right way."

Coming back out for the team his sophomore year with a rejuvenated attitude and a greater focus, a more stable AZ began a path with anticipation of greatness. Honoring his name through off-court actions, he made a name for himself

on the court as well. The less distracted sophomore earned All-Conference honors in his first full season. "After I got back on the right track, I decided that this time – no matter what, nothing could stop me from reaching my goals."

"Basketball was the best one for me," he proclaims when considering high school athletics. The three-sport athlete was a centerfielder on the baseball team and a receiver/safety as a two-way football player. While one can imagine an interception, touchdown catch, big throw to home or AZ produced grand-slam, visiting the MACC on game nights confirms that he made the right choice.

"My junior year and senior year I decided I was going to be monster!" AZ said, smiling. While he led his team to state championships in each of his final two high school seasons, he chose to focus on the team rather than personal honors. "It does not even matter what I received individually in those two

years," says AZ. "All that matters is that my team won those championships and those are some of my greatest memories. The most important thing for me is that I earned my way to a college scholarship – luckily here at High Point where the program fits me well."

While everyone loves seeing AZ's stat line in Panther competition, his 26 point performance at The Smith Center in Chapel Hill this year (to lead all scorers) or the career high 32 points and 17 rebounds he put up this year mean little to him. He would tell you that the 28 points at Kentucky meant nothing because HPU lost, and the career highs this year only meant something because the Panthers won. His selflessness makes him truly special.

As far as personal goals at High Point, "I set those goals aside," says AZ. "I just take one for the team and don't worry about the individual stuff. Everybody's happy when you win. Everybody is not happy when just one person does well." Speaking of personal recognition, he adds, "It's nothing to me. Just give me that championship ring (NCAA Tournament), and then we'll talk business."

AZ's team-first mindset is admirable, yet he has every reason to be proud of his accomplishments. The First Team All-Conference selection last year has returned with two more seasons remaining. Perhaps more importantly, the (maybe with the hair) 6'5" junior plays power forward for the Panthers. Facing competition with match-ups typically leaving him undersized (a la Charles Barkley), AZ can tell you why he is still the bigger man.

"Everybody has always told me I couldn't do this because I'm not 6'8" and I play the post. It's not about size, and I'm not worried about it. I go out every game and try my best. It's about heart; and I think I got the biggest heart out there, every time," Reid said.

Both on and off the court, AZ is as on track as ever at HPU. He is still conscious, however, of his path and the spotlight position he finds himself in as a premier athlete. "I always have to be on top of my game in everything I do because if I slip up the slightest bit, people will know

UPCOMING EVENTS

WOMEN'S BASKETBALL

@ Winthrop, Jan. 27
Winthrop Coliseum
Rock Hill, S. C.
7:00 p.m.

vs. Radford, Jan. 31
Millis Center
High Point, N. C.
7:00 p.m.

vs. Coastal Carolina
Feb. 3
Millis Center
High Point, N. C.
4:00 p.m.



MEN'S BASKETBALL

@ Longwood, Jan. 28
Willett Hall
Farmville, Va.
7:00 p.m.

@ Radford, Jan. 31
Dedmon Center
Radford, Va.
7:00 p.m.

@ Liberty, Feb. 3
Vines Center
Lynchburg, Va.
7:00 p.m.

about it. I am a role model and leader, and strive to be a good example in both aspects," says AZ confidently. "Even if I'm not doing anything wrong, people may try to make something out of nothing."

Recently, after a couple of huge hugs from two female Panther admirers (certainly not unexpected), AZ, unaware of anyone's notice, made time to stop and chat with a handicapped member of the HPU family on a bench outside the cafeteria. Further, he sent a text message to a couple of guys he knew brought big crowds to the games just to thank them for their extra support. He interacts freely with the managers, walk-ons and anyone who treats him as a friend.

It is understandable if you find the Big South junior standout intimidating. It is not farfetched to think he is shy if you see him walking to class or boisterous when he tilts his head back for a roaring scream after a slam dunk in the Millis Center. Chances are, however, that is all you know of Arizona Reid. So if you have not met the university's most familiar face, talk to him. You will likely find a smile underneath the dreadlocks, and you will surely find a friend.

Men's basketball 6-0 in Big South

By **Carter Bills**
Staff Writer

The men's basketball team held their own versus one of the nation's best at the end of last semester, giving them the confidence to establish the largest winning streak in their Division I history.

After losing to the then-ranked No. 2 Tar Heels in early December, the Panthers bounced back going 7-1 through the holiday season. Their only loss came on the road against a tough Florida State team, who had just knocked off the then-No. 1 Florida Gators.

The seven wins started after the Carolina game, at home, versus Gardner-Webb (who will join the Big South Conference next season). Gardner-Webb lost by 53 at Chapel Hill earlier in the season. This legitimized that the Panthers' 25-point loss in the Smith Center was not so bad — especially considering HPU was within nine in the second half and HPU star forward AZ Reid exited the game early, suffering an ankle injury with eight minutes still to play.

After downing Gardner-Webb by 14 and losing at Florida State, HPU has won six consecutive games (through Jan. 6). This is longest winning streak in HPU Men's basketball Division I history. More importantly, the Panthers have held serve at home and sit atop the conference with Winthrop at 6-0.

The Panthers' first conference game came right before the end of winter break when Radford traveled to the Millis Center. It was a game of the stars in the first half with Radford's senior forward Chris Oliver and High Point's Reid both shooting 50 percent. Both players are contenders for First-Team All-Big South. Reid got the better of Oliver, however, who only scored four points in the second half. Oliver finished with 15 points, after 11 in the first half, while Reid canned a game-high 25 points and 11 rebounds. Reid's domination in the Oliver match-up was symbolic for the Panthers' fight over the Highlanders in the grind-it-out win. It was a close game, but when junior Troy Bowen sank a "trifecta" with 1:21 to play, the Panther lead extended to five and it was too much for Radford to handle. The final score was 81-74. Along with Reid's performance, Mike Jefferson's outstanding play in December carried over into the new year as he dropped in four 3-pointers, finishing with 17 points overall.

"It was important for us to get our conference season started on a positive note, and I thought we got a solid team effort in this win," said head coach Bart Lundy after the season opener.

The Panthers then headed up to Lexington, Va. to face the fast-paced

Keydets of VMI. "That game was fun!" said Reid. "It's like they just try to outscore you and it doesn't even matter what you do to them. No defense." Outscoring opponents is exactly what VMI had been doing this

season. Averaging well over 100 points per game in victories, the Keydets scored as many as 156 in one contest, against Virginia Intermont! Winning 115-104, the Panthers should not have let the game be this close.

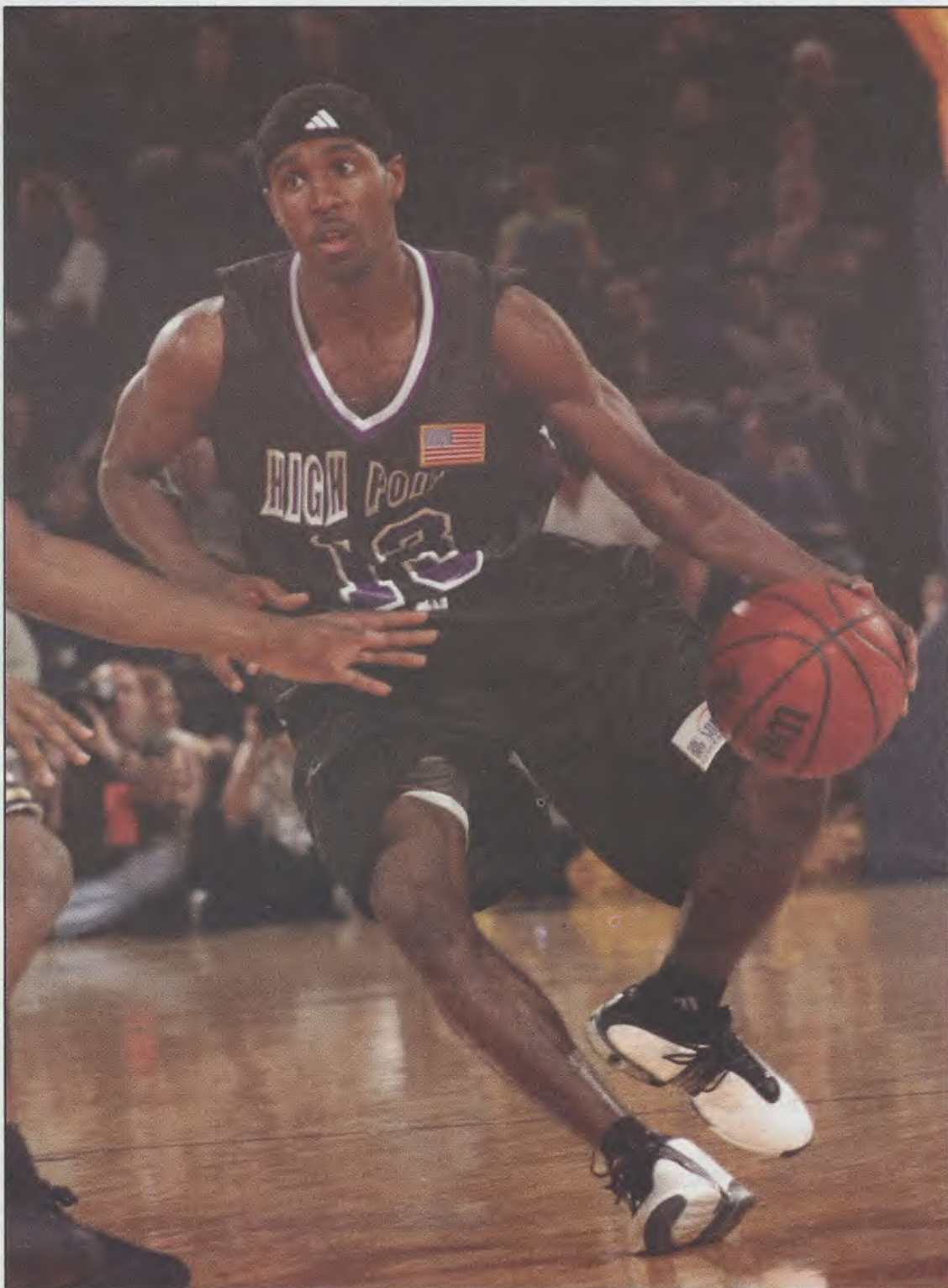
"I'm disapointed in how we finished tonight," said Lundy. "A lesson we need to take from this win is learning how to close out games." Through-out the game, however, there were great individual performances that ultimately led to this team victory. Reid's 32 points tied his career high. Junior forward Jerald Minis and senior guard Landon Quick also posted career highs with 27 and 22, respectively.

The next conference game for the Panthers was a close one again. "We could have folded but they kept battling and refused to quit," said Coach Lundy in response to his players' efforts when hosting UNC Asheville in the following contest. "We depended on our defense to allow us to have a chance to make a comeback, and eventually some shots started to fall for us." And the comeback is what this game was all about. UNCA started the game 29-8 through the first 13 minutes. The Panthers hopes looked slim, but good defense and heart brought them back. HPU finished the game on an 82-35 run to win 90-64. The two massive runs made it a unique game. Reid had yet another great game, scoring 29 points.

Then the Panthers hosted Liberty whose standout player, Larry Blair, lit High Point up with over 30 points in the two meetings last year. Blair, however, was late for the team bus. He had to drive down on his own and was prevented from being a part of the starting line-up and he was not the same. Reid led a balanced scoring attack

that had five Panthers in double-digits. His 21 points was enough to allow him to break through 1,000 as the Gaffney, S.C. native continues to star for High Point. "It was a good feeling," says Reid of reaching the

off the bench and has made a name for himself as a defensive stopper. Senior guard Landon Quick's offense has improved as he continues to stretch out his game with a better jumper and junior forward Jerald



SENIOR LANDON QUICK PROVIDES BALL CONTROL.

PHOTO BY HPU ATHLETICS

1,000 mark. "But, we protected our home court, we got the win, we're 4-0 (6-0, as of Jan. 23) in the conference and sitting at the top of the league right now. That's even better!"

The team looks good and there is much to be excited about. Jefferson had an awesome December, while many of you were away, and freshman guard Eugene Harris has been very productive

"Peanut" Minis is playing the best ball of his career. If sophomore guard Troy Bowen is consistent behind the arc, and freshman center Cruz Daniels continues to gain confidence — the Panthers will be tough. They must prove, however, that they can win on the road and stand strong against the conference favorite Winthrop Eagles.

HIGH POINT PANTHERS ON THE PROWL

Women's basketball finishes strong at home

Liberty University came into the Millis Center on Jan. 20 with a better overall and conference record, a hot streak and three team-leading triplets. They left High Point behind HPU in the standings and the bitter feeling of a close loss. Triplets Megan, Molly and Moriah Frazee were the top three scorers for the Lady Flames and were three of the top four rebounders. Despite Molly not starting, she drained a pair of threes to evaporate the Panthers' late lead to force overtime. HPU senior guard Candyece Sellars dominated the extra frame, however, scoring seven of the Panthers' 10 OT points to take the home conference victory, 64-62.

Tennis begins season with NC State loss

An early loss to 37th-ranked North Carolina State in Raleigh has brought the men's tennis team a losing record so far this spring. The dual meet, held on the campus of NC State, ended in a 6-1 NCSU win, with High Point sneaking a victory in at number three doubles. Jim Trussler and David Perren held on for the close 8-6 pro-set win over the Wolfpack's duo of Andre Iriarte and Frederic Prandecki. The next meet for the HPU netters will be at home against local rival North Carolina-Greensboro on the courts adjacent to the Millis Center on Wednesday, Jan. 31 at 2 p.m. Admission to all home tennis meets are free.

Track off and running at Terp invite

Both the men's and women's track teams were on hand in Landover, Md. on Jan. 20 for the Terrapin Invitational. Senior Gene Galloway took second at the meet in the long jump and third in the triple jump. Tamas Kovacs and Daniel Slaydon came in third and fifth, respectively, in the 3000-meter run. On the women's side, Shauna Marsh took fourth in the 3000-meter. Other notable finishers include Sumiyya Hunter with a fifth place in the 800-meter, Josh Morgan took sixth in the 400-meter, Kate Atkinson had a ninth place in the 800-meter, and Jasmine Jones-Green set a new school record with a tenth place finish in the 60-meter hurdles (:8.97).